

Being accepted into and going through this program for the last 18 months has completely changed my life. While I was ready for it to be a challenging experience, nothing could have prepared me for how rewarding and fulfilling it would be. I have learned more in the last year and a half than I ever could have expected. Through learning the theories, techniques, interventions, ethics and all other protocol for working with clients; I was prepared to enter into my internship after the first semester of the program and adequately begin work with clients. Though there were challenges along the way, I was fortunate to always have the support of my supervisor, my instructors, as well as my entire cohort to lean on and brainstorm with. While there will always be more to learn in this field, this program has taught me how to be an empathetic and confident therapist. Applying for this program and moving forward into this field has been the best decision I have ever made, and I would not have changed a thing about my experience. I have learned much and grown into the person I have always wanted to become through this program which will allow me to move forward into a career as a Marriage and Family Therapist.